

The Lady's Hands Doula Service

Agreement for Doula Services

The following set forth is an agreement for Birth Doula Services between:

Sue Blevons CD (DONA), CLD (CAPPA) and

Client _____

Client's Partner _____

1. Services provided:

I will accompany you throughout labor, birth and immediate postpartum providing comfort measures, reassurance and doing everything possible (exceptions listed in section 2) to help you achieve your birth desires and have a satisfying birth experience. As long as it is medically possible.

I will assist you in gaining the information that you need to make informed decisions during your birth.

I will meet with you and your partner a minimum of 2 times before labor begins (if time permits, i.e.. early labor, hiring me on or after 37 weeks of pregnancy). During one of these meetings we will complete the paperwork that is needed for me to understand your birth priorities, and your best ways of coping with pain and fatigue. Also, your preferences regarding labor management options and the use of pain medications.

I will discuss with you any concerns that you may have. If I can not help answer your questions or concerns I will refer you to someone or someplace that can.

I will assist you in the preparation of your birth plan if requested.

I will be available for prenatal and postnatal telephone consultation as follows, 2 hours each for both prenatal and postnatal. Additional time is available if needed at a rate of \$10.00 per hour. Charges are paid at the start of each additional hour. Partial hours will be paid at the full hour rate. (if a telephone call takes 5 min. that comes from your 2 hour limit. If it takes 2 hours that comes from your 2 hour limit). There is no refund for telephone consultation not used.

I will inform you of times that I am not available for labor support. I will at that time provide you with the contact information for a back up Doula. I will also contact the back up Doula and provide her with your birth information.

I agree to have a back up Doula on call for your birth if needed.

I agree to meet with you within a reasonable amount of time (usually within 1 ½ hours to 2 Hours) after receiving your call for my presence.

I will help initiate breast-feeding if requested.

I will maintain a record of your birth.

I will remain a minimum of 2 hours after your birth to help you with your shower, getting you something to eat, answer any questions that you may have, and generally help you adjust to your new baby.

I will call you at your place of birth the day after you have had your baby. I will also call you at home 3 days after you have gotten home from the hospital to see how things are going and to set up our postnatal meeting. I will have a postnatal meeting with you within 2 weeks of your birth, to review your birth with you and to answer any questions that you may have concerning your birth.

I will strive to maintain a calm and peaceful environment for the birth.

2. Services not provided:

I will not make any decisions for you concerning your birth or your health.

I will not speak to the hospital staff (i.e. Doctors, Nurses, Midwives, or other hospital employees) on your behalf.

I do not provide vaginal exams, listen to fetal heart tones, or take blood pressure.

3. your responsibility:

You agree to inform your Doctor or Midwife that you have hired a Doula to attend your birth.

You agree to contact me after each Doctor/Midwife visit to keep me informed of any medical conditions(including test results) or physical changes starting 6 weeks before your estimated due date (providing time allows, date of contract signing)

You agree to write a birth plan and provide me with a copy of your written birth plan.

You agree to call me at the onset of labor (even if you are not sure that you are in labor, but think that something may be going on). To discuss what you are feeling and what may be going on with your body.

4. Failure to provide services:

I will make every reasonable effort to provide the services as described in this agreement. If I fail to attend your birth or to provide a back up Doula due to my fault, There will be no charge for my services and I will refund your entire fee including deposit.

If I fail to attend your birth or provide a back up Doula due to circumstances beyond my control(i.e.. rapid labor, restrictions by the hospital staff, failure to call me, or acts of God) I will retain the entire fee.

5. Fee for services:

If fees have not been paid in full at the time your labor begins I will not be obliged to be present at your birth, unless an arrangement for payment has been made in writing prior to the onset of labor.

If you decide to terminate my services, I will retain the non-refundable retainer in the amount stated in the contract. I shall return your payment, less non-refundable retainer, and \$15.00 per hour spent on your case, (i.e. preparing your file, home visits, phone calls, etc.) Also a charge of _____ (national standard) per mile will be charged for travel done on your case.

Agreed and Accepted on date _____

Client _____

Partner _____

Doula _____