

Physician's Prescription for Doula Care

<Client name> _____
_____ is under my care for pregnancy, due on or about <due date> _____. This will be her _____ baby. Pregnancy has been uncomplicated. [Or list complications - VBAC, previous vacuum extraction, epidural, ect].

I have advised her to engage a professional birth assistant for home care before and after the birth and for labor support in the hospital.

I have recommended _____ who is a professional childbirth assistant and a <Licensed Midwife/Lactation Consultant/Childbirth Educator/additional credentials>

I feel that this support is medically necessary because of her desire to have a non-medicated birth and because of limited nursing support in the hospital."